



SASKATOON YOUTH SOCCER INC.
Indoor Season 2009-10
Under-18
Half Field Rules & Regulations 7 vs 7

The Field -- The field is 53yds x 69yds. Surface is artificial grass.

The Goals -- The size of the nets will be regulation outdoor goals: 8.0ft x 24ft.

Off Side -- Off Side only occurs in the attacking third of the field. A player is off side only at the moment the ball is played forward and will only be off side if there are less than two opponents either level or between the receiving attacker and the goal line. (Note: the goalkeeper is usually one of the two). The attacking line will be indicated by a yellow dotted line across the field. This line will act as the centre line does in the regular outdoor soccer game for off side purposes only.

Corner Kicks -- As per FIFA Regulations. Corner Kicks are to be taken from the corner spot. The opposing players must remain at least 10 yds away from the ball until it is played. The kicker may not touch the ball again until it has touched another player. If he/she does, a free kick is awarded against them.

Free Kicks -- As per FIFA Regulations. Players must remain at least 10 yards away from all free kicks until the ball is played.

Throws Ins -- As per FIFA Regulations. A goal cannot be scored directly from a throw-in. The throw-in is to be taken from the point where it left the playing surface to the opponents of player who last touched the ball. When the ball goes out-of-bounds on the side of the field, the result will be throw-in for the opposition at the point where the ball exited play.

Ball -- All games played on the artificial surfaces will use an outdoor FIFA regulated ball - size 5.

Substitutions -- Saskatoon Youth Soccer will allow an unlimited number of substitutions during a game. These substitutions will be allowed "on the fly" but will take place in a designated area at center field. A player must be fully off the field before their replacement is allowed on. Substitutions must take place in the designated area on your team's side of half. Failure to follow proper substitution rules will result in a yellow card.

Number of Players -- All games will be played with 7 players per team on the field. This is 6 outfield players and 1 goalie. The minimum players required to play a game without forfeit is 5 players (4 outfield and 1 goalie).

Duration of Game -- All 7 vs. 7 games will consist of (2) – 25 Minute Halves with a 3 Minute Half Time Break.

Footwear – All footwear must be clean. Soccer cleats with molded studs or blades, turf trainers, or indoor shoes are acceptable. Metal cleats are not allowed.

Slide Tackling -- There will be slide tackling permitted in the 7 vs 7 games.

Discipline -- Saskatoon Youth Soccer Discipline and all other Rules & Regulations will apply.

FIFA Regulations will also be used.